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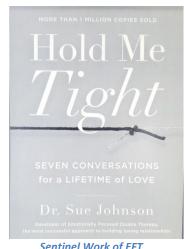
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Taste and See (Psalm 34:8)

Last week we shared how **flooded** areas of Abidjan have displaced more than 25,000 people. The events also affect our food and lodging situation for the upcoming September university Community Health Evangelism (CHE) training. While destructive physical floods hinder development, emotional and personal flooding can hinder advancement, just as much.

As a couple, we have probably read over thirty marriage books separately while together during

our 38 years of marriage, learning more about how to love one another despite inevitable differences. Learning to identify symptoms like being **flooded**, triggers, and processes enables us to employ simple techniques for better interaction. The learning helps us evade verbally striking one another and keep emotional flood waters at bay. However, somehow we missed the development of Emotional Focused Therapy (EFT) since the turn of the century. Currently, we read a book by the mind which put together how childhood attachment needs find new expressions when we become adults. The approach teaches us to analyze what piques 'emotional flooding' that separates loved ones into silos of private hurt. It seems more effective than any other approach to help couples advance into deeper mutual appreciation. The *imago Dei* can then surface above the destructive floods due to the strengthened relationship between a man and a woman. More than anything else, good marriages preserve children in their search for identity.



Sentinel Work of EFT (Emotionally Focused Therapy)

Come and See (Psalm 66:5)

More frequent in our lives, though, are the occasions of being **flooded** with joy. Such was the case this weekend as Verlin's mother, Elsie, and sister Vicki joined us in Tennessee to attend the Anderson family reunion. Having much of our nuclear family together in one room is exhilarating! The heritage of our families' trust in the Lord significantly impacts our lives even now. It brings to mind a song each of us sang in church growing up, Heavenly Sunlight-Gaither (Hymnary electronic piano with sheet music). Truly the Lord's daily presence floods our souls with strength and joy for life's journey—even in hard times.

Shadows around me, shadows above me, Never conceal my Savior and Guide; He is the light,in Him is no darkness; Ever I'm walking close to His side. **Refrain:** Heavenly sunlight, heavenly sunlight, Flooding my soul with glory divine; Hallelujah, I am rejoicing, Singing His praises, Jesus is mine!

Prayer & Praise

- Praise the Lord that His presence is discernible even in seasons of unwanted floods!
- Sorbin pursues one engineering job possibility in Tennessee next week. Pray that the right situation opens soon. Having him at home for a few weeks floods our hearts with thanksgiving.
- Our heartfelt thanks to several ministry partners who purchased numerous supplies this month that support our health and improve our ability to offer hospitality in Cote d'Ivoire!

Your partners in the Gospel, Verlin & Debbie

Last weekly: Flooding--220723.PDF

Prior videos: The Great Story Lasting Footprints

2021 Q4 Report: The Persevering -

1Q 2025 Report 220521 PDF

2022 Budget: CHSC-0118 ANDERSON-Budget 2022 Support these ministries: www.che4a.org
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AWA represents **Andersons Witnessing in Africa**